

Designing for Better Mental Health

18 July 2019

Sydney

Mentally Friendly is hosting a free panel about Designing for Mental Health in Redfern, featuring topic experts and creating momentum to best move forward together as an industry.

Every week, more than 46,000 Australians use Medicare-funded mental healthcare through the Better Access program.

Despite an increase in the number of people accessing

treatment for mental health, research shows that levels of psychological distress in the community have not changed, and most alarmingly, suicide rates are on the rise.

The panel will ask the question: So, how might we design digital health products that complement existing treatment pathways and improve outcomes?

How can we connect these products with public policy to drive iterative feedback loops and create a system that can be personalised to every individual's changing needs?

While Australia's mental health system is very well-funded and has seen positive results; some voices are calling for extensive reform to the Better Access program.

It is Mentally Friendly's belief that design should play a pivotal role in helping Government and individuals get more value out of the current mental health system, avoiding potentially large scale, costly changes.

Join them and the industry experts below as we interrogate these questions, and how best to move forward together.

Find out more and register your interest

<https://www.shillingtoneeducation.com/blog/designing-better-mental-health/>