Drunk Biohacker Explains the Effects of Alcohol on the Brain

Alcohol is kryptonite to a peak performer’s brain.

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In this episode of *Becoming Unstoppable*, biohacker and Entrepreneur Network partner Ben Angel does shots of vodka while he shares with you how you can reverse the negative effects of alcohol from an after-work function, and if having one to two drinks per day really is healthy for you.

Want to become unstoppable in business and in life? Take this 60-second quiz now to find out what’s really holding you back, and be sure to grab a copy of Angel’s new book, *Unstoppable,* today.

Related: How This Man Used Biohacks to Overcome His Anxiety and Fatigue

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