Jet Yau: A London-Based Dancer

London-based dancer **Jet Yau** is part of a new generation of multidisciplinary creatives redefining movement and identity through performance. Blending technical precision with a strong sense of individuality, his work moves fluidly between dance, fashion, and visual storytelling.

With roots in London’s dynamic creative scene, Jetzai has developed a distinctive language that draws from both street culture and contemporary performance. His presence—both on stage and in front of the camera—is defined by a balance of control and spontaneity, where gesture becomes a form of expression beyond choreography.

Constantly evolving, Jet represents a generation of artists who are less interested in fixed definitions and more focused on creating connections between disciplines, cultures, and audiences.

We met Jet in London for a quick chat and photoshoot to explore his journey, creative vision, and relationship with movement.

Can you tell us about your journey into dance?

My dance journey started when I was a kid. My mum would put me into classes while she worked so I wouldn’t distract her.

Through that, I developed a strong passion for breaking and have taken it seriously ever since, dedicating 10 years of my life to it and competing at a high level.

At this stage of my life, I’m exploring all styles of dance—from ballet to tap—which has been a really eye-opening experience. It made me realise there is so much more to dance beyond breaking, and it ultimately made me fall in love with it even more.

As a dancer, how does your understanding of movement influence the way you approach being photographed?

As a dancer, I use my understanding of movement when being photographed to always capture a moment. Whether it’s a story behind the eyes or a shape created with the body, I want the image to be open to interpretation and spark imagination.

What does dance mean to you on a personal level, beyond performance or work?

Dance is an escape for me. It allows me to feel free and disconnect from outside pressure. I love that dance has no rules and can be interpreted in so many ways—both artistically and athletically—pushing limits in ways people can’t imagine.

When do you feel most vulnerable—on stage, in front of the camera, or in everyday life?

I feel most vulnerable when expressing myself verbally. I’m open to sharing my emotions, but it’s also when I feel most exposed, as I’m more used to expressing how I feel through movement.

How has living in London shaped your work and opportunities as a dancer?

Living in London has opened many doors for me. It allowed me to build connections and access new opportunities as a dancer.

Being here means experiencing the industry at its core and understanding the realities of being a performer.

Is there a moment in your career or life that changed the way you see yourself?

Moving to London at 16 was a defining moment. It was the first time I didn’t have my parents by my side, entering a completely new chapter of my life. It made me mature quickly, become more independent, and understand that I need to rely on myself.

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