Real Change Comes From Within When It Comes to Your Team’s Well-Being

Editor’s note: This piece is part of our Columnist Network series, which explores the tactical thoughts and actions of Adweek’s community of high-level experts. Today, Patrick Llewellyn, CEO of 99designs, shares new initiatives directed at employee wellness. Below, in his own words, he says full participation by leadership goes a long way to address mental health stigma in the workplace.

Recommended articles
https://www.adweek.com/agencies/real-change-comes-from-within-when-it-comes-to-your-teams-well-being/