

She-Hulk's new trailer shows the importance of spandex and yoga



The next big Marvel series on Disney Plus is *She-Hulk* – and at Comic-Con this evening, Marvel Studios provided a fresh look at the show. The new trailer has a decidedly more lighthearted tone than the first, with Bruce Banner explaining just how important both spandex and yoga are when you're a gigantic superhero. But it also gets into some legal drama and, of course, includes some cameos from elsewhere in the Marvel cinematic universe.

The trailer was released during a SDCC panel that also detailed the future of the fifth phase of the MCU, which includes films like *Blade*, *Captain America: New World Order*, and *Guardians of the Galaxy vol. 3*, alongside Disney Plus series like the second season of *Loki*. Elsewhere at SDCC, Marvel also showed off its animated slate, including a new trailer for *I Am Groot* and more details on *Spider-Man: Freshman Year* and *X-Men '97*.

She-Hulk, meanwhile, hits the streaming service on August 17th.

<https://www.theverge.com/2022/7/23/23275837/she-hulk-trailer-comic-con-disney-plus>