The best workout earbuds you can buy right now

Choosing the right earbuds for your workout routine can be a very different process than finding a pair for casual, everyday listening. The best fitness buds need to hold up to intense exercise, whether you're just in for a quick gym session or drenched in sweat on mile 25 of a marathon.

Battery life is crucial, and most people prefer them to have a lively sound that can motivate and keep things moving down the stretch of a workout. And most critical of all, they need to reliably stay in your ears during exercise without constant readjustment.

If you're searching for a pair of regular, bring-everywhere buds, these might not be the right fit: instead, check out our best earbuds guide for those picks.

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a:hover]:shadow-highlight-franklin dark:[&>a:hover]:shadow-highlight-franklin [&>a]:shadow-underline-black dark:[&>a]:shadow-underline-white”>Beats Fit Pro

Noise cancellation: Yes / Battery life: 6 hours / Water and sweat resistance: IPX4 / Warranty: One year / Controls: Physical buttons,

voice

$ 160

The Beats Fit Pro earbuds have noise cancellation and transparency features that are on par with Apple’s first-gen AirPods Pro, and their sound offers more bass and kick. They also have built-in wingtips

to ensure a secure fit.

The best running and gym earbuds you can buy right now are the Beats Fit Pro earbuds. And Apple now sells them in even more colors like bright yellow, pink, and blue. The Powerbeats Pro were our go-to exercise bud recommendation for years — and they're

still great if you need the stability of ear hooks – but the Fit Pros are much smaller, easier to take anywhere, and include active noise cancellation. That's something the Powerbeats never offered, and the ANC can help drown out obnoxious grunters and screamers at your local

gym. If you want to hear your surroundings, just switch over to transparency mode to pipe in ambient sound. As for the sound, the Fit Pros offer plenty of kick and oomph in the bass – but nothing near the bloated boom of older Beats headphones.

Instead of wraparound

ear hooks, the Beats Fit Pro earbuds have permanently attached, flexible wings that hook into your ear to keep them secure and anchored in place no matter how strenuous your fitness regime is. Ask anyone you know that owns them: these things really don’t budge. And for controls, Beats

critically uses tactile button presses instead of capacitive tap gestures, which makes all the difference when you’re trying to skip a track while mid-stride.

The Fit Pros are rated IPX4 for water and sweat resistance. That’s not the best among our fitness

earbud picks, but it’s standard for the category. They’ll last for up to six hours on a single charge with noise cancellation turned on, which should be plenty to motivate you through any race or workout of the day. The case is good for another 18 hours of total playback time. With bonus Apple

ecosystem features like spatial audio (with head tracking), audio sharing, and more, the Beats Fit Pro deliver a ton of functionality and value for their price.

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**dark:[&>a:hover]:text-gray-e9 dark:[&>a:hover]:shadow-underline-gray-63 [&>a]:shadow-underline-gray-13 dark:[&>a]:shadow-underline-gray-63″>*The Soundcore Sport X10 are among the best budget running*

earbuds.

a:hover]:shadow-highlight-franklin dark:[&>a:hover]:shadow-

highlight-franklin [&>a]:shadow-underline-black dark:[&>a]:shadow-underline-white”>Anker

Soundcore Sport X10

Noise cancellation: No / Battery life: 8 hours / Water and sweat resistance:

IPX7 / Warranty: One year / Controls: Physical buttons

$ 70

Anker’s Soundcore

Sport X10 headphones have powerful bass, flexible ear loops that keep them in place, and an IPX7 rating

for water and sweat resistance. They can also provide up to eight hours of continuous battery life.

If you’re looking to spend under $100 and still come away with a satisfactory set of workout earbuds,

Anker’s Soundcore brand – as is often the case – is the go-to recommendation. The Soundcore

Sport X10 have pliable, rotatable wraparound ear hooks that guarantee they’ll stay in place from

start to finish. And their flexibility can make them even more comfortable than Beats’

Powerbeats Pro. They’ve got a bass-forward sound tuning and IPX7 water resistance, making them

basically impervious to rain and even the sweatiest gym sessions.

The Sport X10s last for up to

eight hours on a charge, and their slim charging case won’t take up much room in your gym bag. You can pick

between 22 different EQ settings in Soundcore's app, and the earbuds have a transparency mode to pipe

in outside sound when you need it. For just $79.99 (and often on sale for less), there’s a lot of value

packed into the Sport X10s.

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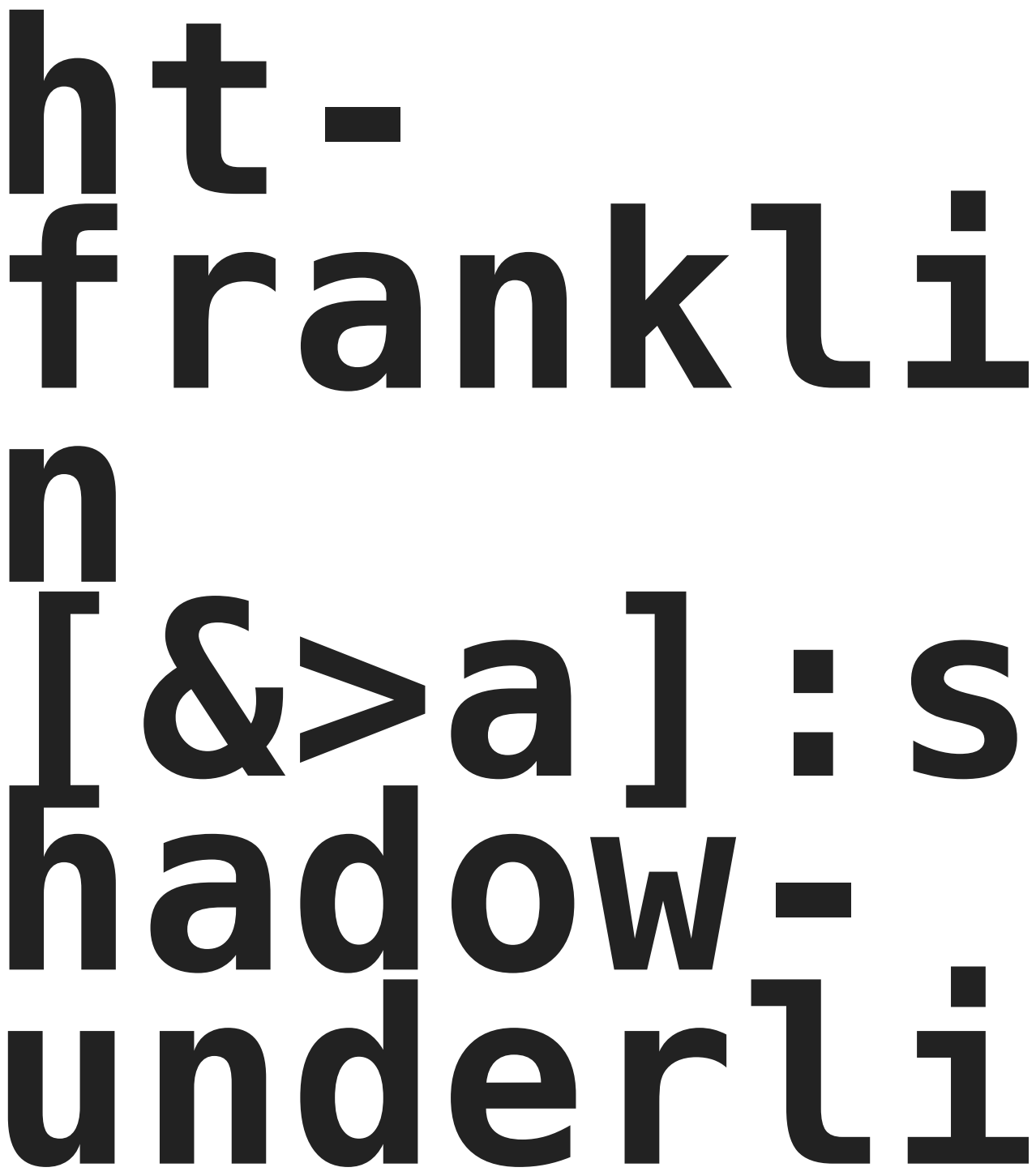
[&>a]:shadow-underline-gray-13 dark:[&>a]:shadow-

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thanks to their special coating.


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Elite 7
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Noise

cancellation: Yes / Battery life: 8

hours / Water and sweat resistanc

e: IP57 /

Warranty:

Two years

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Controls: Buttons, voice

$ 140

Jabra's

Elite 7

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earbuds have a special outer

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during vigorous exercis

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without

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help of

wing tips or fins that

some people find uncomfo

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They

also

support

multipoint connectivity,

so you can connect them to

two devices at the same

time.

Instead of

hooks or fins that some

ears
don’t
agree
with,

Jabra's Elite 7 Active earbuds

use a special coating that

the company calls “ShakeG

rip” to keep them sturdy

regardless of how sweaty

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. They also offer adjusta

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you’re doing. Moreover,

Jabra beats out Beats

and other competitors

with more substantial

IP57 certification against

dust,
water,
and
sweat.

Battery life also bests

some rivals by stretch

ing up to eight hours.

These provide the same

sound quality as Jabra's

flagship Elite 7 Pro buds.

The only difference is

that
the
Pros
are

optimized for voice call

performance and everyda

y use, whereas these stick

to the fitness realm. You can

customize that audio profile

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Jabra’s

If you'd prefer to

spend less, Jabra's Elite 4

Active buds maintain the

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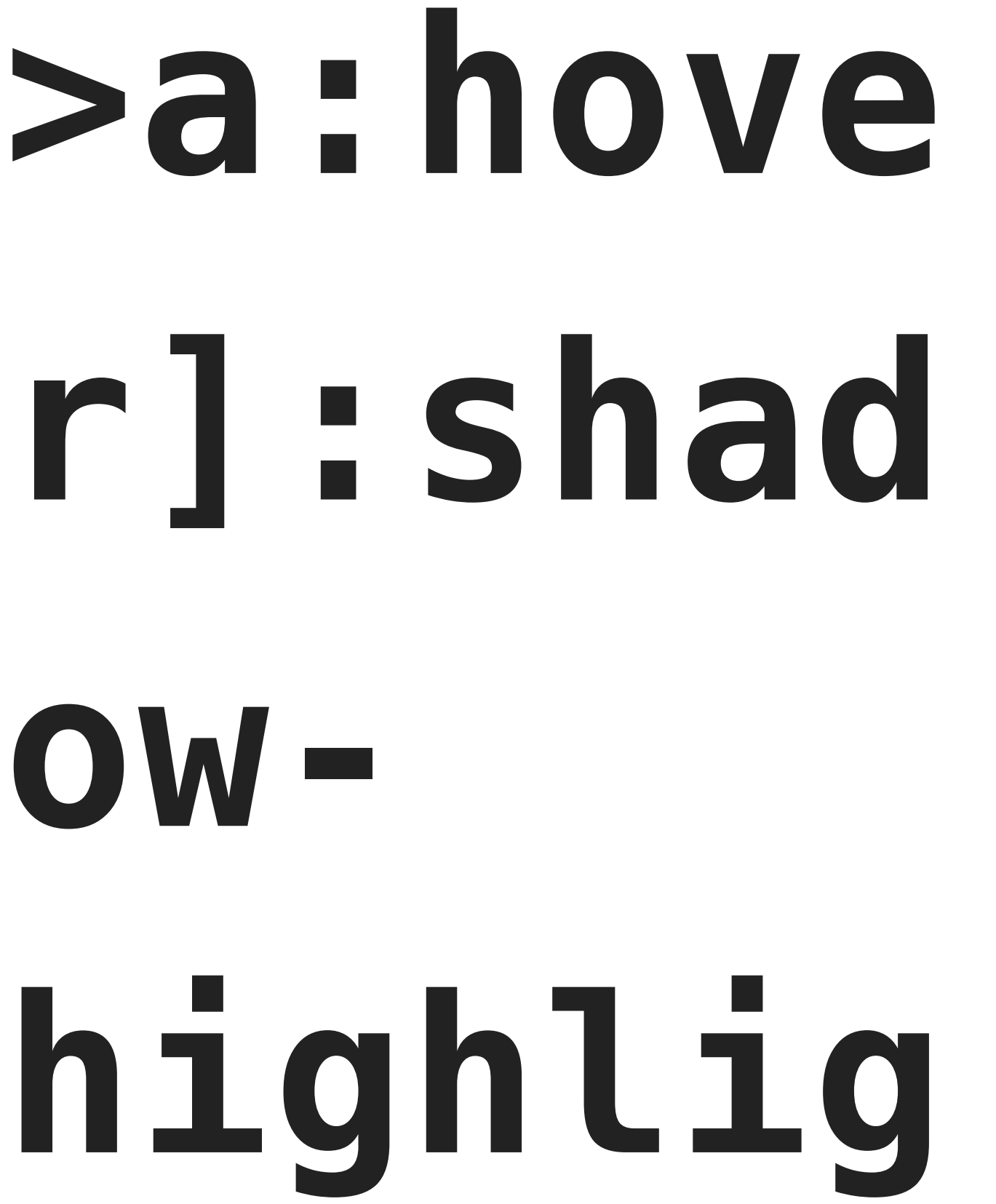
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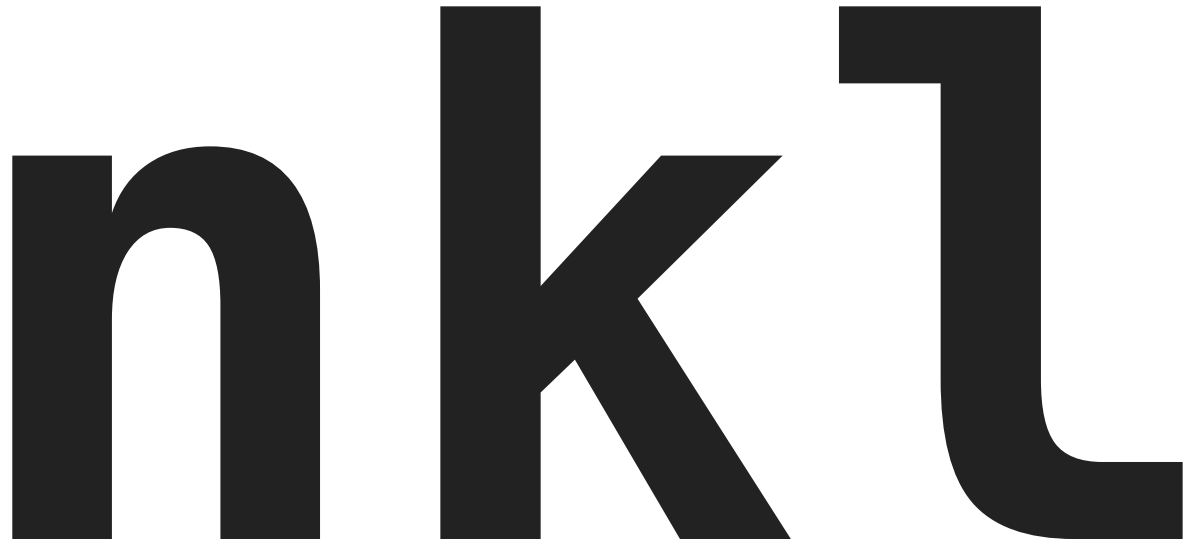

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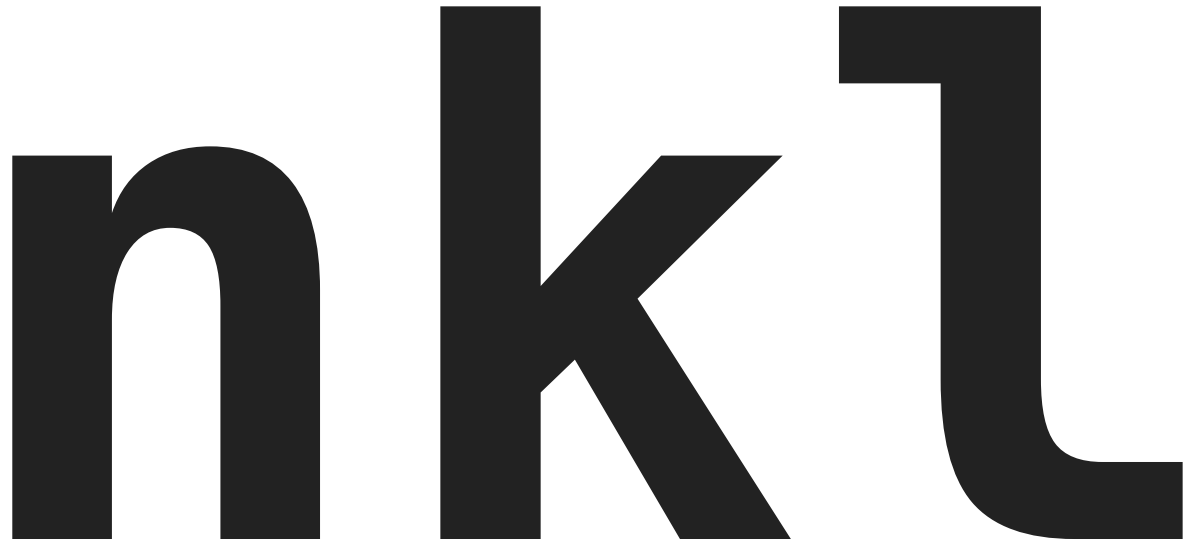

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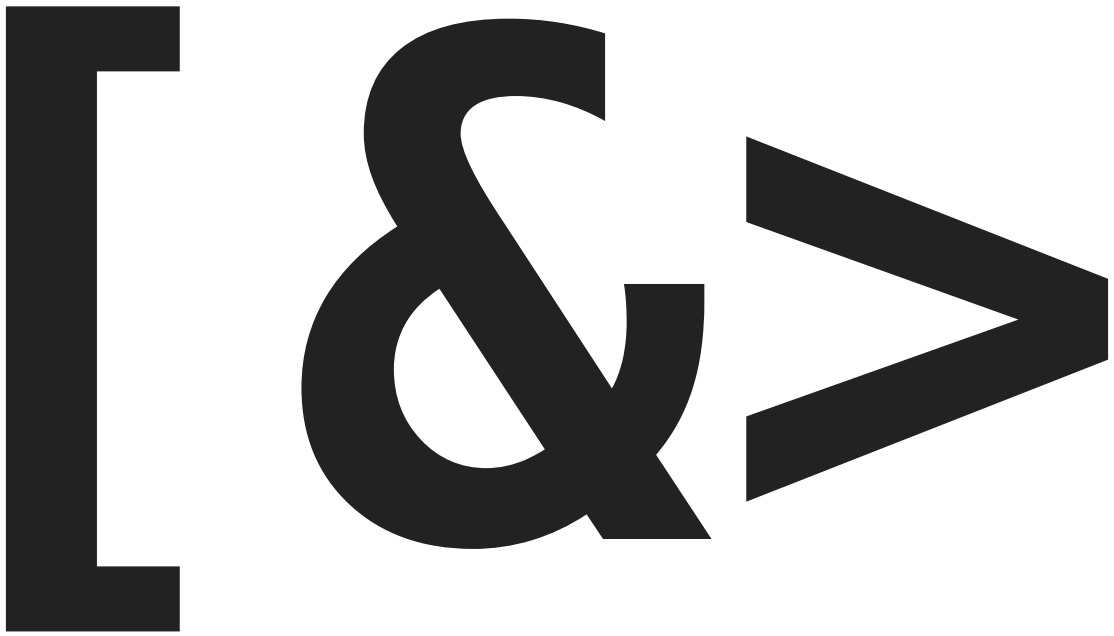
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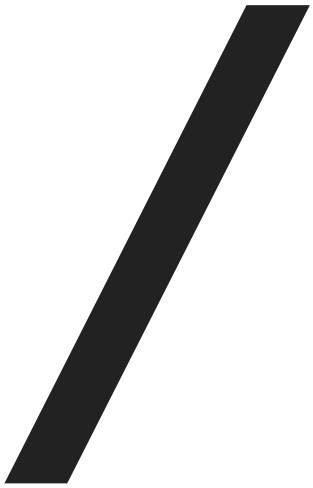

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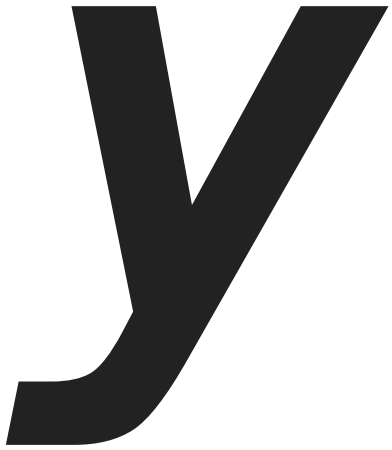


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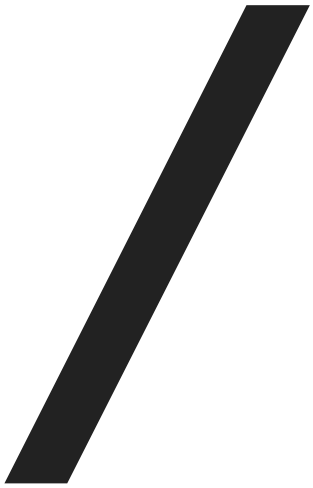


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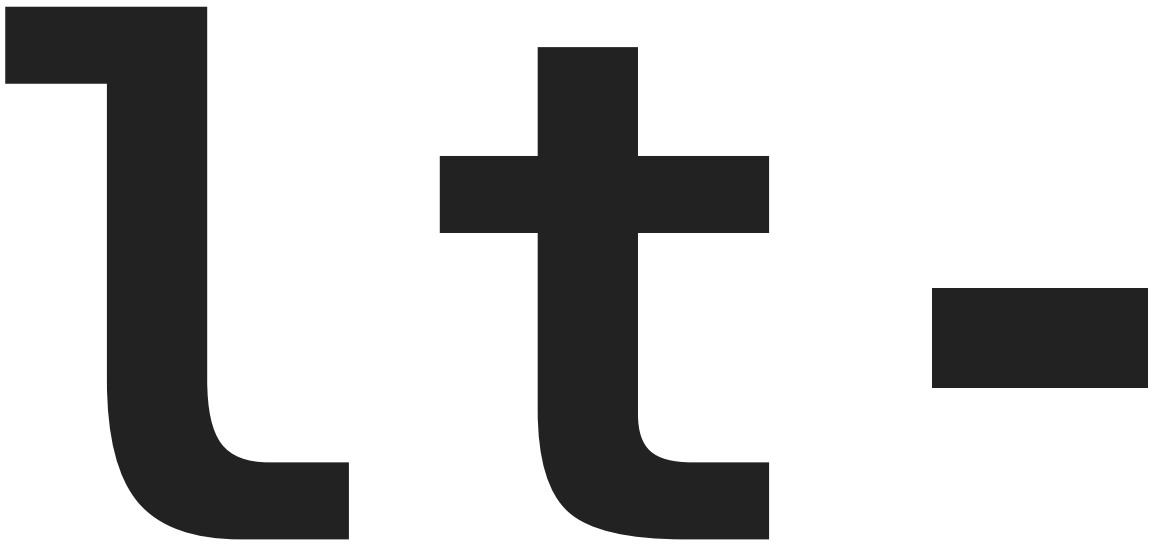
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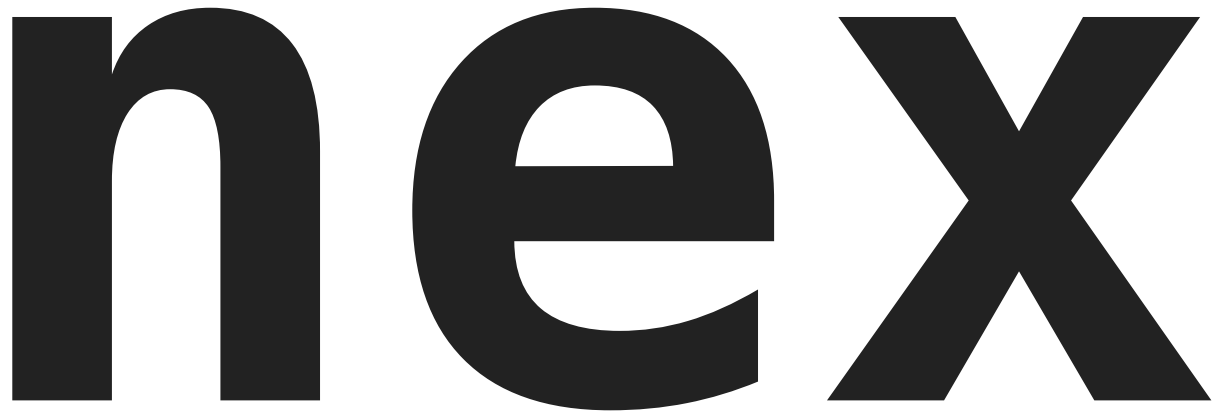
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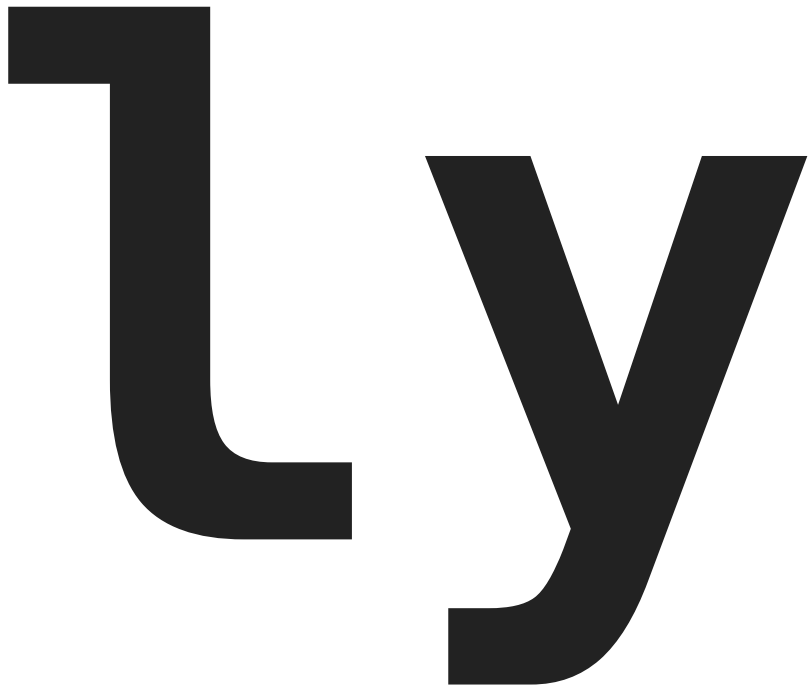
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