Wireless earbuds can actually help you hear conversations better

Earlier this week, a reader contacted me with a dilemma: his wife has always had super sharp hearing when it comes to environmental / ambient noise. She can “hear a gnat blink at 1,000 yards. Forty years ago, she could hear electronic clocks running,” he said. And so they’ve been in search of a solution that would help eliminate some of that background clamor while still helping her clearly hear conversations happening directly in front of her.

I’m no doctor, nor am I any kind of hearing health expert. Consulting an audiologist would be my top recommendation for next steps — regardless of anyone’s age. But increasingly, consumer earbuds are trying to plug away at these common issues: everyday life can get *loud*. And when it happens gradually, you might not even notice until you’re suddenly overwhelmed by the noise. So I can at least toss out some ideas based on the products that I *do* have thorough knowledge of.

a:hover]:shadow-highlight-franklin dark:[&>a:hover]:shadow-highlight-franklin [&>a]:shadow-underline-black dark:[&>a]:shadow-underline-white”>Samsung Galaxy Buds 2 Pro: enhanced ambient sound mode

Samsung also provides granular control over the ambient sound mode on the company’s Galaxy Buds 2 Pro. You can choose between five different levels of amplification and set

individual preferences for each ear. Moreover, there’s also a slider that can adjust ambient sound from “soft” to “clear” based on what sounds best to each person:

> *Users can adjust the volumes on the left and the right respectively, as well as customize their Ambient Sound tone range from soft to clear across five different stages. Additionally, Ambient Sound can tune to users’ ears through the Adapt Ambient Sound feature, allowing for even more clarity in helping users hear the world around them better.*

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The company has funded (non-peer-reviewed) studies that showed the Buds 2 Pro “significantly improved speech perception in those with mild-to-moderate hearing loss.”

a:hover]:text-black [&>a:hover]:shadow-underline-black dark:[&>a:hover]:text-gray-e9 dark:[&>a:hover]:shadow-underline-gray-63 [&>a]:shadow-underline-gray-13 dark:[&>a]:shadow-underline-gray-63″>*Earbud manufacturers are increasingly focusing on hearing tech.*